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# CYPRUS TOURISM ORGANISATION ROUNDS UP 'MOST STUNNING SPA BREAKS'

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As well as its year-round climate, legendary hospitality, award-winning local wines and rich cultural heritage, Cyprus has many 5-star hotels offering diverse, internationally recognised spa treatments and products.

Whether you're looking for the perfect romantic honeymoon, a relaxing break away from the kids or just some good old fashioned R&R, the **Cyprus Tourism Organisation** (CTO) has rounded up a selection of the most stunning spa and wellness offerings available on the island.



## Romance in the Majestic Mountains

Located in a tranquil setting on the northern slopes of the Troodos mountain range, **The Myrianthousa Spa** in Kalopanayiotis has a wide range of relaxing services on offer, perfectly capturing the many health benefits of the region's botanical treasures.

Alongside the hydrotherapy spa pool, herbal steam room, sauna and snow cabin, couples looking for some extra indulgence can pamper themselves with a glass of sparkling wine and fresh seasonal fruit, all the while enjoying a 'Spa Suite Ritual for Two' in a private treatment suite with outdoor whirlpool.



## Enhance your Relaxation with Exotic Treatments

At the luxury, five-star **Sentido Thalassa Coral Bay**, Pafos, guests can indulge in a range of unique, exotic treatments including:

- a **'Relaxing Treatment with Royal Bamboo'** which uses bamboo as an original massage tool with a range of sizes that perfectly fit the body contours for deep and revitalising relaxation (€90 for 60 mins);
- a rejuvenating **'Oriental Ceremony Treatment with Warm Spice Bags'** using warm aromatic bags to relieve sore muscles, stimulate circulation and increase energy flow (€90 for 60 mins);
- a **Tonifying Treatment With Celestial Spheres** (€90 for 60 mins);
- or a **'Deluxe Thalassocaviar Facial'** rich in Bio-marine Complex, Shizolift Complex, Hyaluronic Acid and Beluga Caviar to revitalise the epidermis and erase lines and wrinkles (€130 for 90 mins).



## 'Dreamy' Tailored Treatments

Created by architect and sculptor Joseph Caspari, and situated in the beautiful Fig Tree Bay, Capo Bay Hotel's **Oneiro Spa** certainly lives up to its name (taken from the Greek word for 'Dream') specialising in a wide array of personalised therapeutic treatments dedicated to people's uniqueness and entirely suited to each guest's needs.

Inspired by Polynesian healers, the 'Oneiro Holistic Ritual' takes guests on a journey by awaking the senses and balancing the mind (€60 for 45 mins back, neck and legs or €110 euro for 75 mins top-to-toe).

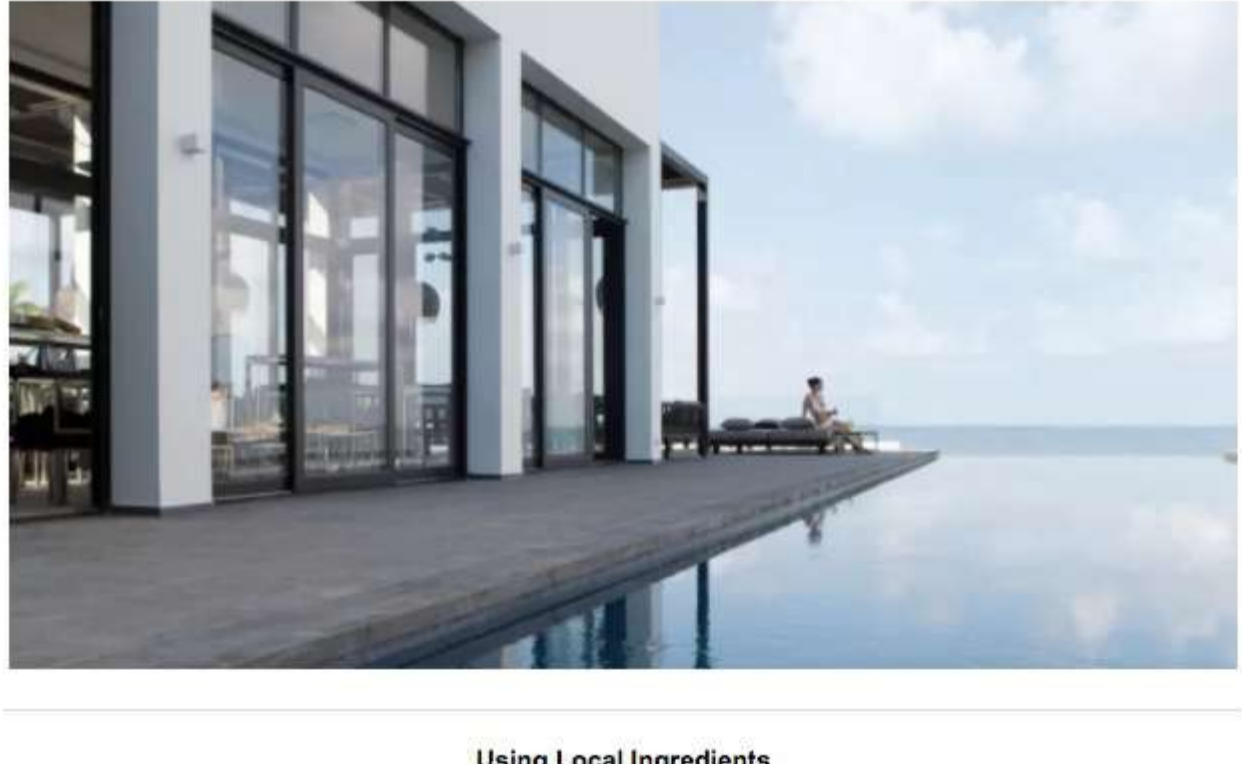


## Soak in Sulphur Springs

Located in the village of Miliou, just 45 minutes from Paphos Airport, **The Ayii Anargyri Natural Healing Spa Resort** offers a range of treatments fed by the mineral-rich sulphur water of the Saint Anastasia spring.

Soaking in the sulphur spring water is said to heal inflammatory joints, help skin diseases, rheumatism and arthritis, relax tense muscles, improve sleep, rejuvenate the skin and slow down the ageing process and revive the skin's natural glow.

The healing power of the waters has been used medically since 1649 when St. Cosmas and his brother St. Damianos used the water to heal people across the Middle East, Greece and Cyprus. Guests can bathe in the spa's unique spring-fed hydro pools (€45 for 45min); enjoy a detoxifying 'Sulphur Mud Cocoon and Soak' (€60 for 50min) which opens the pores and improves circulation; or lay comfortably under the 'Vichy Rain Shower Experience' and relax under the warm tropical rain-like mist (€25 for 20min).



## Using Local Ingredients

**The Almyra Spa** at Thanos Hotels is a holistic adults-only utopia which aims to deliver the highest quality health, beauty and wellbeing treatments in luxury surroundings.

Two of the spa's special treatments use local ingredients: the natural 'Cypriot Sugar And Carob Exfoliation' which begins with a warm application of Cypriot olive oil followed by a sugar and carob scrub, removed with a local herb body rinse before body milk is applied to leave the skin smoothed and nourished (€60 for 45 mins); the relaxing yet revitalising 'Almyra Hydro Harmony' therapy uses locally and sourced ingredients and herbs from its own garden in its exfoliation, herbal body rinse, avocado body wrap and nourishing hibiscus scalp treatment (€180 for two hours).



## Try Thermae Bathing

The Retreat Spa within the luxurious 5-star **Aphrodite Hills Hotel** complex is situated in a spectacular location with panoramic views across the glistening Mediterranean Sea. The Retreat's design was inspired by Greco-Roman bathing rituals of cleansing and relaxation with hints of classical and mythical heritage.

Guests can indulge in the Spa's 'Thermae Experience'. Deriving from the Greek word 'heat', Thermae bathing is a detoxifying treatment dating back to Roman life in 315AD and involves a series of heat rooms progressively increasing in temperature tempered with cooling hydro showers to stimulate and refresh the body between heat experiences (€45 for 75 mins).

For more information, go to [www.visitcyprus.com](http://www.visitcyprus.com), [www.facebook.com/visitcyprus.uk](http://www.facebook.com/visitcyprus.uk) or [www.twitter.com/visitcyprus](http://www.twitter.com/visitcyprus).



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WWE 2K18 is scheduled for worldwide release on 17 October, 2017 for the #PlayStation 4, #Xbox One and Nintendo Switch, with Early Access players receiving their copies and in-game bonuses beginning four days early on 13 October, 2017.

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